

PHILOSOPHY OF CYS

The goal of CYS is to provide opportunities for youth soccer players for the Cambridge/Jeffersonville area. Our philosophy is that these opportunities should be safe, enjoyable and educational. Our primary focus is on teaching the game of soccer (technical skills, teamwork sportsmanship, etc) and developing young players. Winning games is nice, but it is and must be secondary to the goals of teaching the game, individual development and instilling a lifelong love of soccer and physical activity in general.

Individual coaches may vary somewhat in their approaches and styles, but in general we encourage maximum participation by all players in both practices and games. Practices should be fun and based on a progressive series of games and other exercises which teach both the physical and mental skills needed for soccer, at an appropriate level for each player's age and development. Practice sessions should strive to keep all players moving and learning, with "no lines, no laps and no lectures.